

Introduction to First 1000 Days Australia Short Course – Day 1



Date:

Location:

Time	Presentation	Presenter
8:30 – 9:00am	Coffee and Tea	
9:00 – 9:15am	Acknowledgement of Country	
9:15 – 9:45am	Introductions: The journey of First 1000 Days Australia <i>From evidence to practice and beyond.</i>	Prof Kerry Arabena First 1000 Days Australia
9:45 – 10:30am	An introduction to key concepts used in F1000DA - why we acknowledge country, working with layered meaning, respectful engagement, the criticality of the first 1000 days, expanded concepts of family.	Prof Kerry Arabena First 1000 Days Australia
10:30 – 11:00am	Morning Tea	
11:00 – 12:30am	Child Centred Strategies F1000DA – reconciliation and the early years, placing children’s voices at the centres, infant led therapeutic interventions, working with men, regional strategic initiatives that work.	Prof Kerry Arabena First 1000 Days Australia
12:30pm – 1:30pm	Lunch and Networking	
1:30pm – 3.30pm	Cultural Determinants of health and wellbeing during the early years – Introduction to the cultural determinants, Indigenous implementation science, community voices – what people want, approaching and using Indigenous knowledge systems, Indigenous science and policy innovation	Prof Kerry Arabena First 1000 Days Australia
3:30 – 4:00pm	Afternoon Tea	
4:00 – 5pm	Cultural Determinants of health and wellbeing during the early years cont.. Reflections on Day 1	Prof Kerry Arabena First 1000 Days Australia

First 1000 Days Short Course – Day 2 – Intervention and Innovation

Date:

Location:



Time	Presentation	Presenter
8:30 – 9:00am	Coffee and Tea	
9:00 – 9.30am	Introduction and reflections	Prof Kerry Arabena First 1000 Days Australia
9:30am – 10:30am	Men’s Health and Wellbeing and contribution to the early years.	Prof Kerry Arabena First 1000 Days Australia
10:30 – 11:00am	Morning Tea	
11:00 – 12:30pm	Preparing for the 21st century – The Anthropocene, the importance of biodiversity, brain growth and lifelong wellbeing, molecular decolonisation and epigenetics	Prof Kerry Arabena First 1000 Days Australia
12:30pm – 1:30pm	Lunch and Networking	
1:30pm – 3:30pm	Creating a First 1000 Days Australia Movement – developing regional plans, key positions and partnerships, entrepreneurial workforce, cultural healing strategies	Prof Kerry Arabena First 1000 Days Australia
3:30pm – 4:00pm	Closing, Certificates and Evaluations	